

Resource List

- **New and expectant parents**

Link to video for parents expecting a baby with Down syndrome:

http://www.ndss.org/index.php?option=com_content&view=article&id=113&Itemid=133

Babies With Down Syndrome: A New Parent's Guide by Karen Stray-Gundersen

Baby Play (Gymboree)

by [Wendy S Masi](#), [Roni Cohen Leiderman](#), [Dr. Wendy S. Masi](#), [Dr. Roni Cohen Leiderman](#)

- **School and Integration**

Link to downsed integration to mainstream school publications

<http://www.downs-syndrome.org.uk/resources/publications/education.html>

Including Children with Down Syndrome in Early Childhood Care and Education Settings

By Ann Haig (available at www.downsyndrome.ie)

- **Socialisation**

Link to on-line social group for people with intellectual disabilities:

<http://www.specialfriendsonline.com/>.

- **Language and Cognition**

Teaching Math to People With Down Syndrome and Other Hands-On Learners: Basic Survival Skills (Topics in Down Syndrome)

By DeAnna Horstmeier

Early Communication Skills for Children With Down Syndrome: A Guide for Parents and Professionals (Paperback)

By Libby Kumin

Classroom Language Skills for Children With Down Syndrome: A Guide for Parents and Teachers

By Libby Kumin

It Takes Two to Talk: A Practical Guide for Parents of Children with Language Delays
(Third edition, Pepper Weitzman, 2004)

- **Health and Movement**

The Down Syndrome Nutrition Handbook: A Guide to Promoting Healthy Lifestyles
By Joan Guthrie Medlen

Gross Motor Skills in Children With Down Syndrome: A Guide for Parents and Professionals
By Patricia C. Winders

Fine Motor Skills for Children With Down Syndrome: A Guide for Parents And Professionals
By Maryanne Bruni

- **Books for Children**

My Friend Has Down Syndrome (Let's Talk About It)
By Jennifer Moore-Mallinos

I Can, Can You?
By Marjorie W Pitzer

It's Me! It's Me!
By Jacqueline O'Donohue

- **DVD**

Down Syndrome: The First 18 Months (2003)
Will Schermerhorn