

# 21 HALF MARATHON CHALLENGE



## MAKE 2020 EXTRAORDINARY

Commit to 21 Half Marathons or run 21km x21 times in aid of the Down Syndrome Centre this year! Follow the list below or complete the challenge virtually.

### SUGGESTED HALF MARATHONS

<b>TONY MCGOWAN RUN</b>	<i>February 16th, 2020</i>
<b>WICKLOW HOSPICE RUN</b>	<i>February 22nd, 2020</i>
<b>MEATH SPRING HALF MARATHON</b>	<i>March 8th, 2020</i>
<b>GREAT GOREY RUN</b>	<i>March 15th, 2020</i>
<b>WICKLOW GAOL BREAK 21KM</b>	<i>March 22nd, 2020</i>
<b>CONNEMARATHON</b>	<i>April 14th, 2020</i>
<b>GREAT LIMERICK RUN</b>	<i>May 4th, 2020</i>
<b>GLENDALOUGH 'LAP OF THE GAP'</b>	<i>May 23rd, 2020</i>
<b>RIVER MAY HALF MARATHON</b>	<i>May 23rd, 2020</i>
<b>WHEELWORX FASTLANE HALF MARATHON</b>	<i>May 24th, 2020</i>
<b>LOUGH CUTRA CASTLE HALF MARATHON</b>	<i>May 24th, 2020</i>
<b>PORTUMNA FOREST MARATHON</b>	<i>June 6th, 2020</i>
<b>HALF ON THE HEAD (KERRYHEAD)</b>	<i>June 13th, 2020</i>
<b>THOROUGHbred RUN KILDARE</b>	<i>June 21st, 2020</i>
<b>CAHIR HALF MARATHON</b>	<i>July 4th, 2020</i>
<b>ACHILL HALF MARATHON</b>	<i>July 5th, 2020</i>
<b>RUN KILKEE HALF MARATHON</b>	<i>July 11th, 2020</i>
<b>BRANDON BAY HALF MARATHON</b>	<i>July 11th, 2020</i>
<b>JOE DUFFY BMW HALF MARATHON</b>	<i>July 11th, 2020</i>
<b>DONEGAL WILD ATLANTIC WAY HALF</b>	<i>July 19th, 2020</i>
<b>RUN KILLARNEY</b>	<i>July 18th, 2020</i>
<b>WESTPORT HALF MARATHON</b>	<i>August 8th, 2020</i>
<b>ROCK &amp; ROLL HALF MARATHON</b>	<i>August 9th, 2020</i>
<b>TULLAMORE HARRIERS HALF MARATHON</b>	<i>August 25th, 2020</i>
<b>DINGLE HALF MARATHON</b>	<i>September 5th, 2020</i>
<b>ROS-GO-RUN (ROSCOMMON)</b>	<i>September 6th, 2020</i>
<b>MEDIEVAL MARATHON (KILKENNY)</b>	<i>September 12th, 2020</i>
<b>CHALLENGE 21</b>	<i>September 20th, 2020</i>
<b>RUN GALWAY BAY</b>	<i>October 3rd, 2020</i>
<b>TARMONBARRY HALF MARATHON</b>	<i>October 4th, 2020</i>
<b>JOE DUFFY BMW CLONTARF HALF</b>	<i>November 21st, 2020</i>
<b>THE BORDER HALF MARATHON</b>	<i>December 6th, 2020</i>

For a full list of Half Marathons, to have your event featured or to complete the challenge virtually visit our website at [www.downsyndrome.ie/get-involved/fundraising/21-by-21-half-marathon-challenge/](http://www.downsyndrome.ie/get-involved/fundraising/21-by-21-half-marathon-challenge/) or email us at [madeline@downsyndrome.ie](mailto:madeline@downsyndrome.ie).